

Independent Mental Health Advocacy



Independent Mental Health Advocacy is for people who are detained under a section of the Mental Health Act.



Independent Mental Health Advocacy is provided by someone not involved in the treatment of someone being treated for a mental disorder.



IMHAs are specially trained advocates who support people to speak up and have their voices heard around their mental health care and treatment.



IMHAs can help a person understand their rights and make sure their views and choices are listened to.



Independent Mental Health Advocacy is set out in law by the Mental Health Act 1983 (and amended 2007). An IMHA will support an individual in meetings relating to their care and treatment, manager's hearing and tribunals.



The responsible professional and/or professional body must provide qualifying patients with information about their local Independent Mental Health Advocacy Service.



For more information on the Mental Health Act and eligibility please follow the link/s below.

ADD LINKS HERE

[What is the Mental Health Act 1983? - Mind](#)

[IMHAs in England - Mind](#)

<https://www.cqc.org.uk/about-us/mental-health/your-rights-under-mental-health-act/imha>